# NSW Carers Facts and Information

Information from ABS Carers Study 2018

**Who is a carer?**

* 57.9% of carers in NSW are female
* 1 in 8 Aboriginal people in NSW are carers
* 79,300 young carers in NSW
* 1 in 5 carers come from a non-English speaking background

**Carers make a difference**

* Carers contribute an estimated $25 billion a year in unpaid labour, which amounts to 692 million hours of care per year

**Carers in the labour force**

* 45.2% don’t work in the labour force
* 31.7% work full-time
* 19.5% work part-time

**Challenges of caring**

* 42% lower income, save less and have lower superannuation
* 266,000 live with disabilities
* Young carers are less likely to complete education and participate in employment

**What carers need**

* To be partners in care
* To be recognized
* Advice and information
* To have choices and opportunities in work and education
* To take a brake and look after themselves
* Extra help at home
* Support for life after caring